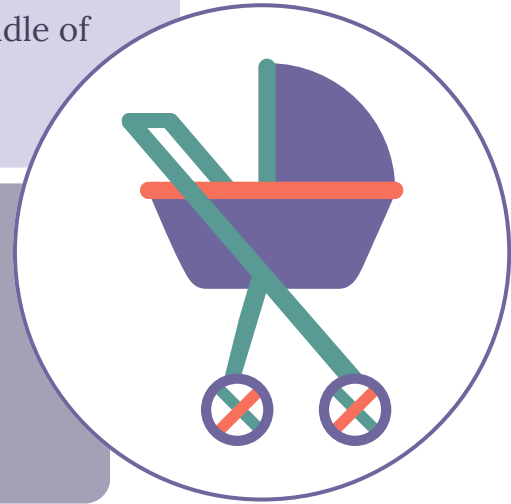


Newborn Essentials

We're here to take the guesswork out of preparing for your newborn, so you can feel confident and ready for your bundle of joy. Below is our pediatrician-approved list of must-have essentials—everything your baby needs for a smooth start.



Wardrobe

- 6-10 each onesies, shirts, pants, & one-piece pajamas
- No scratch mittens
- 5-7 pairs of socks
- 3-5 swaddle blankets
- 1-2 newborn hats
- 6-10 burp clothes
- Light & heavy weight stroller blankets

Feeding

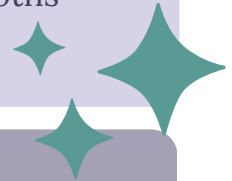
- Breast pump & milk storage bags (if nursing)
- Formula (if not nursing)
- 8-10 bottles
- Bottle brush
- Nursing pads & nipple cream

Diapering

- 2-3 large boxes of newborn-size diapers
- 2-3 large boxes of unscented baby wipes
- 2 tubes of diaper cream
- Diaper bag
- Diaper changing table

Bath

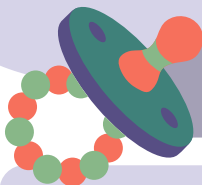
- Baby bathtub
- Baby shampoo/body wash
- 2-4 hooded towels
- Cradle cap brush
- Soft washcloths



Health

- Add baby to insurance within 30 days of arrival. You will need your newborn's social security number & birth certificate.
- Schedule first year well-child visits in advance (months 1, 2, 4, 6, 9, and one-year)
- Talk with your pediatrician about Beyfortus, the RSV vaccine, recommended by the AAP for babies under one year of age.

[Register for Lactation Classes Here](#)



Gear

- Infant car seat
- Stroller
- Baby monitor
- Firm, flat mattress
- 2-4 fitted crib sheets
- Rocking chair or glider
- Crib and/or bassinet
- Baby feeding pillow
- Portable crib
- Baby swing or bouncer
- Baby sling/backpack
- White noise machine